

Club Grubbery - Raw transcript of interview:

2025-02-25 Graham and John speak with Raina Cruise

Well, hi everyone. And welcome to another episode of Club Grubbery. We're recording this Thursday, the 20th of February. And uh, this, this one is yet another dramatic story, a sad story, but one that needs to be told John. Yeah.

Yeah. Well, unfortunately, Woody, they're, they're, uh. They're becoming too common and, uh, you know, I suppose too that, uh, because of our, our new understanding of what's going on, uh, we're able to go back and, and, and revisit these stories as well, uh, that have been ignored or, or given other, uh, reasons for, uh, for, for why they occurred and, and, and, and reevaluate them and look at them.

And it's so important.

It is indeed. And, uh, we'd like to welcome our very special guest to Club Grubbery this afternoon, and that is Reina Cruz from Adelaide. Uh, Reina, it's, it's delightful to meet you. Thank you,

Graeme.

It's lovely to be

here.

As you said, we, we did meet in Canberra. And, uh, we even had a hug in Canberra and I think we hugged everybody.

We all hugged each other in Canberra, didn't we? Yeah,

it was a beautiful, beautiful event and vibe and lots of, um, amazing people coming together for a, for one, one purpose. Yeah, it was, it was amazing. It

was amazing. It's, uh, now what is that purpose? Well, that purpose is, uh, Mainly I think 95 percent of people were there because we are fighting a medical tyranny in this country that has been slowly eating us alive for decades, absolute decades.

Um, so who have we been, who have we been talking to lately? Well, we've been doing a lot of, uh, a lot of interviews around the Australian vaccine risk network and people, uh, associated with that. Anita, Anita half master and Meryl Dory and that crew. Amazing people. John and I, John, you and I were staggered by the things we heard when we went to the 30th anniversary celebration there, weren't we?

Yeah, it was horrific. Uh, I mean, even just the, the inhumane way that, uh, Australians have treated, uh, those guys, irrespective of whether you believe, uh, what they're saying or not. I mean, at the end of the day, they'd been treated badly.

Uh, very badly and, and, and gaslit and, uh, and even hated on and attacked.

Uh, we've also brought to, to, uh, the screen the story of those people who had, uh, the pelvic mesh scandal that went on. Uh, that's been a big issue yet again. Unresolved, not resolved at all, even though they won a massive lawsuit and nobody's getting anything. We've seen informed consent taken away from us.

We've seen the likelihood of parents being red flagged to child protection if they ask for a second opinion on a doctor's diagnosis. Uh, we have seen the thalidomide scandal, and we saw an apology to those victims just recently. 50 years after the event, John, which is probably what will happen in the future for this particular issue.

We have been extensively doing our best to cover the, uh, infected blood scandal. Um, another medical tyranny that has gone on for so long, and um, we've interviewed several people, and we're going to continue to interview. on that matter as well as the others. The vaccine injured. Um, we've been, we've been dealing with people who've lost their jobs, careers, homes, families, everything because of mandates.

And all of this is based on health. Do we have a health system?

We have a sick system, a sick care system, um, that don't really focus on, um, nutrition and, and sunshine and all the things that would be associated with real health. It's more suppression and, and, um, prescribing pills and drugs and things like that.

That's my opinion. Anyway.

And, and you, you are most definitely entitled to it and it's, I agree with you. I think we both do, excuse me, talking about health. Um, they, now the reason you're on this program is you've written a book and that book describes a circumstance that you have gone through over 21 years ago.

And we thought before we press record about, uh, we share a similar circumstance. In that you lost a beloved baby to SIDS and, uh, my wife Michelle and I lost a three week old grandson to SIDS as well.

Yeah, that's awful.

It is, it's just dreadful and you cannot comprehend, um, anybody listening who hasn't been through that, just how traumatic it is.

And we want to unpack that story with you before we get into where we go from here. So Raina, tell us about what happened and, um, and how it all unfolded for you and tell us. What you've been, well, we'll answer that question first and then we'll come back to the next part.

Yeah. Okay. Um, yeah. So, um, I had my second child when I was 20, a little boy, uh, Zyron, uh, I already had a 14 month old daughter, um, uh, Zyron was, uh, seven weeks, uh, premature and he was delivered early.

Um, he stayed in the nursery for a few weeks, but. He, um, progressed really well, um, and we brought him home and had, um, the nurse come out and do the weighing and he was feeding fine, um, uh, yeah, so he was, uh, probably, um, he was, uh, growing fine and, and, and hitting all the milestones at, at the time. Those young ages at those months, but, um, he was due for his two month vaccines.

And because he was prepping, I thought I'll wait a week. Um, and I'll take him in when, uh, when he was nine weeks instead of eight weeks. Um, no one told me to, I just sort of thought, you know, he should have been, um, baked a little longer. Um, so I'll, I'll take him in a bit later. So I took him in for his, uh, eight week vaccines.

Um, at nine weeks and they gave him the, the DTAP hexavalent vaccine, which is a six in one. So it's got the diphtheria, pertussis. Uh, it's got the Hib and the, um, Hep B and the polio. I think that's, that was right. So he had them all at once. Um, And he screamed when he had them, um, I held his, uh, leg down like so many of us mothers do to help the nurse, um, administer the vaccine and he, um, gave off this high pitched scream, um, and then we waited in the waiting room and Henny fell straight to sleep, um, and he slept, um, for For probably a solid six hours, which was really unusual.

Normally he would be awake, uh, every three or four hours. Um, but he, he slept, um, for a solid six hours. And then when he woke up, he was very unsettled. Um, he wouldn't feed, um, and he, he was just, uh, had a bit of a fever. Um, and I administered a bit of Panadol, um, like we're told to. Um, And I just thought, Oh, you know, it's, he's just got a sore, a sore leg and, and, um, he'll come good.

And I vaccinated my first daughter. Um, we didn't have any issues that I'd noticed with her. Um, but yeah, we did have an up and down night, so he didn't sleep well like he normally would. Um, and then in the morning I noticed he wasn't breathing. Um, and I screamed out to my husband. Um, and we actually had a friend.

Popping in that morning and he just said look go straight to the hospital. So we jumped in the car. I tried to do CPR on the way there while I was Crying my eyes out was, um, extremely, uh, traumatic, that that experience stays with me. Um, but yeah, we got to emergency and, um, rushed him straight in. Uh, the doctors, uh, grabbed him and, uh, they stuck him full of all these different needles and tubes and, um.

They said they did get him breathing, um, and they thought it might have been, um, pneumonia initially. Uh, I said to the doctor when I went in there, he was vaccinated yesterday, um, and now we're here. And he said, uh, oh, there's nothing, no association with vaccines. There's no such thing as, A vaccine injury.

So I said, Oh, okay. Well, that, that instinct I had was obviously wrong. Um, you know, I trust the doctors. I trust their, um, their knowledge and the education and, and what they do for a living. Um, And then, sadly, hours later that night, we were told, yeah, sorry, he's passed away, um, and we said our goodbyes, um, and then went home, and it was all, it's all a big blur, really, um, but when we got home, then, with any SIDS case, um, you have the police come over, um, and they assess the home, and they sit down and ask a lot of questions, um, it's all very traumatic, um, And then they left and, um, yeah, we, yeah, went to bed.

Um, following that we had to plan the funeral, um, wait for the coroner's report came in, come in and they've labelled him a SIDS baby. Um, and the coroner's report states that it was, um, encephalopathy. Uh, initiated by a cardiac arrest of unknown origin. Uh, so he suffered a heart attack, um, and then swelling of the brain.

Um, uh, yeah, so, well, we, yeah, we had his funeral, um, beautifully. The, the funeral home actually did it for free, um, which was very, very kind of them. Um, And, uh, yeah, and I didn't wake up to, I mean, it stuck with me and, and over the years I continued to look on the computer and, and look up on the internet, has anyone had an experience where someone, you know, your child's passed away, following a vaccine, nothing ever came up for me, ever.

Um, and I just thought, well, it's obviously just my imagination. Um, they're, they're safe, they're effective, like we are told. And, um, for, for a lot of years, I continued vaccinating my other children. So I've got three daughters now, um, and I, it's funny because I remember when my youngest daughter was born, um, she was put on oxygen and caffeine for sleep apnea.

Uh, and I had her on that for two years. And, um, Now reading through and knowing what I know now, all of the, most of the vaccine inserts actually specify sleep apnea as a risk following a vaccine, especially if it's a preemie baby and she was three weeks early. Um, and no doctor or nurse ever tells me this, and I don't believe they tell any mothers or parents or families any of these risks before.

Um, They give the shot. Um, so yeah, she was on, she had sleep apnea for two years. Also, I remember taking her in, um, for her, I think it was a five week, uh, five year old vaccines. Which would have been the MMR, uh, and I then had to rush her back to the doctor's the next day because she broke out in hives and then they, um, gave me an antibiotic and a steroid cream for that.

Um, and I still hadn't connected the two. So I still, I understand exactly how brainwashed parents are. And, and even now I talk to young, young mothers and you got to be so careful because they take everything very personally. But I'll, I'll give them a book for free and I'll say, just read that. And, and I know one of them's like, oh no, I won't read that.

Um, but it's, uh, you, you just, I understand exactly how brainwashed they are. Um, 'cause I've been there. I've been there. But yeah, it's a horrific thing. But it prompted me when I finally woke up in 2017, which was when the HPV vaccine had come out. Um, and there was a lot of, um, a lot of issues, controversy around that because a lot of the young girls that were getting vaccinated were instantly, um, dropping and fainting.

Um, and then there's a whole lot of, uh, Female repro problems, reproductive issues as well. Um, but I did, I saw a post come up on social media and I commented on that post and I said, Oh, I actually lost my son hours following his two month vaccines many years ago. And I said, Oh, Raina, you really need to, um, connect with this person and go follow polytomy, um, in America.

And, and so I started doing that and it just opened up this whole network. Uh, and community of vaccine injured families and parents with horrific stories, um, like mine or with, um, children that they've seen regress, uh, or, um, they're regressing to autism or speech delays, uh, developmental delays. Um, and yeah, so that just blew my mind.

I ended up, um, grieving. My son all over again at this point. So I lost my husband, um, when all my children were under six, he passed away in a car accident with another friend. Um, and I remarried, um, a, um, uh, air force engineer. Um, but he, didn't know any that really know that part of me. So I'd put him through a bit of, um, stress in that period because I couldn't get out of bed.

Um, just knowing, you know, that it was that action that I took that day, uh, that essentially, Sacrificed my son to the medical industry, um, yeah, so it was, yeah, it was a very, um, a very eye opening and, um, saddening experience going through that realisation of what happened to me and what is still happening to so many others.

It's out there with absolutely no acknowledgement and no, uh, commitment to change, not even a commitment to, um, to look into these things, except for maybe Robert F. Kennedy Jr. overseas, uh, which fingers crossed he, he can make a bit of a difference over there, which will, um, uh, trickle over here, I'm hoping.

Yes.

What do you, um, what do you think of the medical profession now?

Um, I think that they are dangerously, um, confident, um, and ignorant. Um, I think there's a lot, people go in there with, um, with good meaning and, and meaning to do well and to help, especially nurses. Unfortunately, it's the nurses that are the ones pulling the trigger on these precious babies and children.

Um, and they're not, they're not, Connecting. I don't know how they can, can't see it. Um, I know that in the nursery, when you have little babies, that they're due for their, their vaccines, they actually bring the crash trolley with, um, adrenaline and, um, whatever they need in case there is a sudden reaction after they are, um, injected.

Uh, I, I, I'm just not sure why they would not see that as a problem. Um, yeah, so I, I, yeah, I, I have my concerns with the, with the medical industry. I think they're, um, very much sponsored and led by the pharmaceutical giant and, um, profit.

Did anyone in the process ask any questions about the vaccine, the police, anyone?

No, no, nobody did on the coroner's report, um, nothing. Um, yeah, so if it was any other drug. that he had received, if it was an antibiotic like penicillin or something like that, um, They would associate that and they would say it's most likely a, an allergic reaction or, or something, but with vaccines, it's just, um, crickets, nothing.

The trauma of losing a young child in such a way is hard enough. Um, but what a lot of people don't realize is when this happens to your child, um, it's the, the, where it happened is treated as a crime scene and the mothers are treated as, as potential murderers. Um, I just want to highlight what happened to our own daughter in WA.

She woke up in the morning and found she had the, she'd fed the baby and found that he was still and cold next to her. And she called my wife and, uh, my wife, we were on the other side of Australia and my wife said, look, I'll fly straight over. And she jumped on a plane, but then she called an ambulance and the police attended.

And the baby that had passed away a couple of hours earlier was then put in an ambulance and taken away on its own. Uh, our daughter was, uh, was effectively arrested. And put into the police car, in her pyjamas, hadn't had a shower, no nothing, no phone, no purse, no money, was driven to Perth Police Headquarters, where she was kept and interrogated for 12 hours.

And she was treated as a suspect until the autopsy results came through. Now, when my wife arrived in Perth after the baby, our little 12 or 14 hours earlier, she went to the police station and said, Can you tell me where my daughter is? And I said, Oh, we just released her. Where is she? Um, she's got no money or no phone.

Oh, we didn't know about that. We just released her. So Michelle went searching the streets of Perth looking for her and she found our daughter and her partner, the baby's father, huddled in a dark alleyway crying together. She was not allowed to see the baby.

It

was three weeks before she was permitted to hold her dead baby.

And in the process, the autopsy was conducted and the brain had to be removed. And the removed brain had to be examined by a, uh, uh, uh, a brain pathologist.

And the

only one in Western Australia was on holidays, and that couldn't be done for a month. So the police called up and said, we're prepared to release the baby's body for burial, but it has to be without the brain or you have to wait another month.

And I had the, I had the horrible task of telling our daughter that. And she had the choice and she said, I want him buried complete. Of course she would. And the rest of it is too unspeakable to think of. But the way she was treated by the authorities, it's reprehensible. Absolutely reprehensible. She's never gotten over it.

I'm sorry that triggers you, Reina.

Yeah, sorry. Yeah.

We have, we have to, we have to put an emphasis on this stuff. Because regular beautiful Australian mums and dads are going through this every single day. Every single day. Yeah.

Yeah. Sorry to hear that about your daughter. That's absolutely horrific. Um, yeah, they took my son's brain as well.

Um, and then sent it back and we got him cremated. So, just added that, uh, to his little urn. Um, yeah, it's horrific. And I can only imagine how many parents out there. have probably been wrongly, um, convicted. Um, we've got that shaken baby, um, diagnosis that a lot of parents have been put in jail. And I know there was lots of, um, uh, honest reporters out there digging into that and finding that there were a lot of, um, Uh, parents being, uh, convicted and, and put away, uh, for a lot of time when it was probably not that at all.

Um, but yeah, it's a, um, extremely traumatic process and it doesn't go away because, yeah, uh, apparent, um, the loss of a child is the, no, I didn't mean, I didn't plan on getting so emotional, um, is the worst grief that a person can go through. So, um, it, it stays with you for a long time.

Is

there, is there a, like a support network of, of, of families that have gone through, uh, SIDS deaths?

Um, and if so, like how many are in it and are they talking about similar experiences? Um,

when I, uh, after I lost my son, um, I had SIDS counselling. Um, which was good, they offered that, um, but I didn't, I wasn't aware of any group, um, but, and I, and I used to donate to their charity every year, um, but now that I, I realize that they're probably missing, or they are missing the main factor of the cause of it, um, and they're ignoring it like everyone else, I don't, I don't donate to them anymore.

Um, it's so obvious what's going on. Um, it's even on, you know, Sudden Infant Death is on the original, um, Infanrix DTAP insert. Um, and it's got, as a post marketing experience, Sudden Infant Death on there. And then you've got Apnea on most inserts, uh, which Apnea is, it's the cessation of breathing or the, the stopping of breathing, which will lead to SIDS.

Um, yeah, it's just a, it's a real mess. Actually, and it's the, it's the ignorance and the, and the, uh, and the gaslighting, um, which means that parents never, never get any kind of, um, peace, I think, because it's always continuing. It's always happening and there's no acknowledgement to it. And you just know that, you know, who's next, it's, um, yeah, it's quite, it's, it's very frustrating.

Tell us about the book.

Okay. All right. So, so I was a, when, when I went through my awakening and, and realized what was going on and it just confirmed what I already knew 20 years ago, but was told different and, and trusted the authorities. Um, but I was a real estate agent and, um, I, I did love that job, but.

After learning all this stuff, I quit my job and I went to uni and I did a, I wanted to do something that I could help people and learn because I remember sharing so much vaccine information online. And I remember someone specifically saying, Raina, you're a real estate agent, you're not a scientist. So, um, You know, don't talk about science.

I thought stuff you'll go get a science degree. Um, so I did that and I finished it, um, a little over a year ago and I got my bachelor in health science to become a naturopath so that I can teach people and help people detoxify from all of these toxins and whatnot. Um, Yeah, so that's, after I finished that, I went straight into, you know, I want to, I had collected so much information and my studies only confirmed what I already suspected.

And it was that, you know, our bodies can't handle all of these, um, heavy metals and, and carcinogenic, um, ingredients and all of these aborted fetal cells, which are catastrophic to people. Um, so I. Accumulated all this information and I thought what's the book that I would have really liked to have? Uh, as a young mum, as a new mum, even what would I like professionals, health professionals to have a resource.

So I created a resource, um, it's called A Vaccine Journey and Breakdown of the Immunization Program. So it's got in there my story. It's got the coroner's report in there, it's got his immunisation record, it's got some personal photos, um, and then it goes into the history of vaccines, um, the, uh, how much has been paid out in vaccine injuries over in America, and it's like over 5 billion so far.

Um, and then it goes into the history of crib death, which was never even a thing. It was, it wasn't even on our, um, uh, international diagnostic, um, Oh, yeah, there's a diagnostic, um, sheet of, of, of, um, what can cause death and SIDS, well, CRIB death wasn't a thing. It was, it was brought in about 10 years after the implementation of all these childhood vaccines, uh, where we started vaccine all these young ones.

And then SIDS was, was brought in, um, as a classification for death. And then I've gone in and I've broken down the immunisation record, the South Australian immunisation, um, program. Um, so I've gone through all of the vaccines and I've gone through all of the package inserts and pulled out all the relevant information.

which a parent or a health professional or anyone needs to know to get proper informed consent. So all of the potential side effects, um, the contraindications, people that shouldn't be taking this vaccine, the post marketing experience. I've also gone into the placebos that have been used. Um, I've added in the, the statistics of the diseases that we're actually vaccinating for as well.

So that way you can weigh up the risks. Um, yeah, so it's an extremely informative book, uh, for any parent questioning vaccines, questioning safety, wanting to really understand what they're committing to when they do. make that decision for their child or for themselves. Uh, yeah, it's all been broken down.

Um, when someone asks, uh, where do I get the information to, um, on vaccines, you'll direct them to the package insert, which each vaccine has, but it's like 15 pages long. So I thought, well, I'm just going to condense it all and make it a lot easier for someone to refer to and access. Yeah. So that's the book.

Yeah. Um, my little boy's footprints on the back. So he's left his footprints here, um, which is, yeah, I feel like I've done him a service with this book. Um, yeah, but yeah, very happy to have that all finished and published now. Yeah.

I can tell you, uh, gladly that, um, we interviewed Karen Kane from the U. S.

I'm sure you're familiar with her. And as a result of that interview, we'll be interviewing Dr. Andrew Wakefield, Polly Tommy and Wayne Wade.

Yeah. They're amazing.

So we're going to, we're going to pursue this and keep going with it because it's just, it's the foundation of everything that we're trying to do.

Well, you know, they're up to no good, Woody, because that, that it would be so easy to, to find the truth. I mean, it beggars belief that a clinician, a police officer, and likely. Half a dozen other people in between, uh, cannot identify that, uh, a baby has had a vaccine in the previous 24 hours and is on the verge of death and dies.

Uh, how that doesn't warrant some further investigation, uh, is outrageous. I mean, I can't even believe that in this era, there would not be statistics kept on, on SIDS deaths. There would have to be, uh, and it would be very easy surely to pull out the data about when these babies were vaccinated and how that correlated with the death.

Uh, it's not rocket science, but they will not, they will not open up, uh, to scrutiny.

You

know, one of my twin grandkids, um, had the shots. She had, I think, seven in one day and she went into toxic shock. She was having seizures virtually every day that lasted several minutes and that went on for months and months and months.

And it was then my daughter realized, my other daughter realized that no way we're not, we're not vaccinating anymore. It's just ludicrous. It was clearly what was going on. I mean, seven different potions. Pumped into into the body at one time and such a small body. I mean, it just is belief. I mean, I can't get it.

I just don't understand. It's like the government is trying to kill us all.

Hmm. It does. It feels like that. Hmm.

I mean, even with their own children, Hoodie, I mean, I can't rule out that the vaccines haven't caused them, them, uh, damage. I mean, you know, some of them have got issues with, with learning, uh, you know, Luke had a tumor on his, uh, on his cervical spine.

I mean, who knows? How are allergies? Uh, mm-hmm . I mean, who knows what's going on here? I mean, this is, this is what's so absolutely outrageous about all this. Uh, but they will not debate it. Uh, and, and anyone that wants to question it, uh, especially in the ranks of, uh, uh, being a practitioner, uh, signed up with the, uh, our dear old friends at Ara.

I mean, you, you're charged with civil disobedience, hoodie, civil disobedience.

You've only really got to look around at the children, um, over the last couple of generations and to see the decline in their health and the, and the increase in chronic illness, it's out of control. I've actually been writing a second book, I've nearly finished that, and that is on the rise of, in chronic health conditions in children, um, and then the vaxxed versus unvaxxed studies that are out there.

Um, and then, uh, homeopathic immunization as a safer alternative if we do need something. Um, but it, it's astounding, especially the allergies, um, and the main allergies, like we have the worst allergies in children globally. There's two children in each classroom now, and it's gone up, uh, 50%, I think, in the last 30 to 40 years, um, in, in allergies.

And the main ones are eggs. Milk and peanuts and funnily enough in vaccines. They use peanut oil. They use chick embryo And they use calf bovine serum, which all of these things would have similar, uh, proteins like peanut oil will have, you know, there'd be an association with peanuts and calf bovine serum, an association with milk.

And there's the same proteins in cow's milk that are actually in human breast milk. And we're getting children that are allergic to their own mother's breast milk, um, happening a lot more now. Um, and then the chick embryos. similar proteins in an egg. Uh, yeah, so it, it does make you wonder, you know, is it, The vaccine actually instigating all of these allergies initially.

I think

they come up with all these new diagnoses when they don't know what's going on. But they do know what's going on, like irritable bowel syndrome and all these things, gluten intolerance. I mean, how is it that, you know, two thirds of the population can't have gluten nowadays? I

think it's possibly due to either the GMO wheat.

The pesticides or they're fortifying all of our wheat products now with folic acid, synthetic folic acid. Um, yeah, it's, I think it's a lot more than just the gluten itself. I can eat organic pasta, bread, uh, cereal, um, which will be un GMO, um, no pesticides, no fortification, but I can't eat the standard off the shelf, um, bread, uh, or pasta anymore.

Um, yeah, there's a lot going on. A

lot of people are in that situation, aren't they? I mean, it demonstrates what he does. The health care system needs a complete overhaul, um, from, from food regulation through to, uh, through to the administration of, uh, therapeutics. I mean, we are in real trouble.

Why are we so heavily pushing vaccinations on the children?

I mean, even the COVID 19 jab, kids weren't affected and yet they were forced to have it. And we've lost a lot of children because of that. Um, there's so hell bent on getting kids vaccinated for everything, yet there's a McDonald's on every street corner. Uh, you see kids wandering around drinking Coke.

Kids are obese. You know, there's no nutritious foods becoming rarer and rarer, uh, to obtain without it being modified, uh, with GMOs and all that sort of stuff. If they cared about our health. They'd be doing something about that. Tobacco is still being sold. And now the government has said recently that they're upset because of, uh, the, uh, the campaign against, uh, the use of tobacco products, their revenue has gone down.

So that's it, isn't it?

And every single person is sucking on one of these vapes.

I mean, nothing gets done that needs to get done, and that's why we need, we need good people in power to do that, and Uniparty, here we come. You can just see it happening, Uniparty, here we come, the same old, same old, it keeps going on and on.

So, where to, where to from here, Rainie, you've got this other book that you're about to finish, is there, is there anything else on your horizon?

Um, no, I'm just working, I do naturopathy from home. Um, I'm working on that book, um, which will sort of be the answer, um, uh, from, uh, opposing vaccines and, and viewing the coincidental increase in all of these chronic conditions in amongst our children, um, and then homeoprophylaxis or homeopathic immunization, which is used, which has been used effectively for a long time, especially in Cuba.

A lot of people don't know this, but Cuba has a great medical industry there, um, but they went through financial hardship when they, um, exited the Soviet Union, um, and they had Centre for Disease Control vaccine, um, hubs set up there to vaccinate against mostly tropical diseases, because they have quite a tropical climate and they would get outbreaks of leptospirosis, um, and, and other, um, bacteria or tropical diseases.

So what they did, they had to, they had to implement a less, a much more inexpensive health system. So they reverted back to educating their people on diet, um, Uh, yeah, the, the benefits of, um, exercise and sunshine, but then they turned these vaccine, traditional vaccine hubs into homeopathic immunization hubs.

Um, and they kept all the same staff. So they had all these doctors and nurses, um, administering homeopathic immunization and they kept very good records and the results were incredible. And they used that for a long time. And it was. Super inexpensive because homeopathics are really cheap to make.

They're very, very safe because they're basically an energetic, um, medicine. Um, so super safe profile and, and very effective. So, and, and there's a lot of discrediting homeopathics because the science community doesn't understand the mechanisms of action as to how they work. Um, When, when you go into medicine or, uh, or health, you know, you need to understand if I give this drug, this is what happens to the body to get to that, um, how it works and, and, and that's how it functions.

And that's the mechanism of action, but they don't understand how homeopathics work. So it gets a lot of, uh, a lot of flack, but with these, the experience in Cuba, it can't, it's not discredited. It's actually very credible because they use. All the same staff and they, they kept amazing records. So that, that's very interesting.

I find that a very inter, uh, very good solution. Um, if people are still wanting some kind of preventative, um, medicine. Um, but then there's also, this is what I haven't yet added to my book, will be the nutri nutritional deficiencies associated with diseases like, um, You know how people used to get scurvy and then they found out it was a vitamin C deficiency.

Um, measles is associated with a vitamin A deficiency. So I'm actually going to do a lot of research on that. Um, because that can make a lot of difference as well. Um, just checking people's nutritional status and making sure that they're getting sufficient vitamins. Um, yeah. So working on that book. is a big thing.

I've been extremely active in the, um, in the vaccine information movement, in the COVID movement. Uh, we started the protests here in Adelaide, uh, myself and a friend, and then Cathy Scarborough and, and Leanne and some other big names in, in the vaccine movement, which have been around for a very long time, um, holding that flag for decades.

Um, very intelligent women, um, Um, and, and I can't see any of us slowing down. I think this is really the time for change. Um, there's a lot of mistrust now, um, with the medical community, uh, with the pharmaceutical industry, with the vaccine industry, um, yeah, I'm, I'm seeing big changes. Rayna, can

I just ask you, I mean, you said you just completed a Bachelor of Medical Science just recently.

Health

Science, yep.

Health Science. What was the establishment like there at the University? I mean, they were obviously aware of your views. I mean, how did you find the process? Were they accommodating towards your attitude towards health? Has it changed?

Cause it was a, it's a private college. Um, uh, yeah, a private college.

So it's not, it's, it's separate from the big colleges. Uh, it costs a lot more to go to, um, you know, it was an expensive degree to do. Uh, and it was a mix. It was a mix of those, uh, who have come from the mainstream medical community. And it was a mix of those who. are well aware of, um, what the medical community is ignoring.

Um, so I had a lot of support there. Um, I was actually asked to be the speaker at our graduation, uh, which I did. Um, and yeah, it was a good experience. It was a good experience. Sometimes it was frustrating, especially when you've got diehard medical Uh, supporting lecturers, uh, and that would throw in vaccine, uh, supportive comments and then, uh, but out of nowhere, which they would do and, um, and I would question them on, on things and they would just completely ignore the facts.

Um, yes, but yeah, it was a good experience. It was. And I met some amazing people there.

That's amazing. Now for that, those people, you know, uh, anyone who's. Making the stand you're, you're making. I think that sliding and ridicule, as we've already discussed, is horrendous. But for anyone who thinks that we're nuts and this is all rubbish, just ask yourself the question we've been posing for months now.

If you thought someone was tampering with your immune system or your DNA, would you like to know about it?

There are

enough unanswered questions in our medical society today that require a thorough investigation. Nothing should be taken off the table. I might suggest to any of you who say, no way, vaccines are safe.

Vaccines are effective. This is rubbish. These people should be locked up. I think you may have been brainwashed and you need to stop and think, what do you need to know? Because your baby's lives depend on this, your grandkid, your life depends on it. So instead of criticizing and ridiculing people like ourselves for doing this, start asking yourself some questions.

Is there a chance? And if there is, shouldn't we be able to investigate it without censorship? We're not trying to be radical, even though John is often radical and accused of what, stirring up civil unrest.

Civil unrest.

And what Rainer and people like Rainer are doing is warning you, not because they read something somewhere or they saw something on YouTube.

They've lived it.

They don't

want to live through what Rainer's

lived through.

And you don't want to do that. And you need it. You need to consider that when you're passing judgements or making criticism until you've been through that maybe think again and maybe just lay off your keyboard for a while.

So,

yeah,

I think you're doing amazing work and I think we just got to keep pushing this out there and hopefully as you say RFK coming in. I don't know. Everyone's saying Trump RFK is a savior and all that. I hope so. But, you know, we've got to, we can't wait for the cavalry to come riding over the hill.

No, I agree.

And thank you. I love your work that you're both doing as well. It's very important to, um, to have another side. Everything's very biased in the mainstream arena. Um, you need that balance, um, as tough as it is to compete with that, um, you're giving, you're helping to give that balance of a perspective to, to everyone, um, which is fantastic.

Um, yeah, I think waiting for a saviour is not the way to go. Hopefully that's all happening in the background, but, um, I honestly believe that, um, um, This is a spiritual thing, um, and everyone needs to do the, the work on themselves, and, um, and reconnect with their own personal divine power, um, and, and shift, um, shift the consciousness.

That we have been, um, yeah, we, we've unfortunately been pushed into, which is very, very low consciousness, which is stuck in fear and stuck in shame and stuck in, um, in hopelessness. Um, yeah, so, um, hopefully. That will happen and possibly not just with the, with, uh, the medical community and, and keeping everyone sick with low vitality, uh, it makes them very easy to control and it, and it affects the energy around everyone.

Um, so yeah, just having, having people not at their full potential and feeling as good as they could be. Um, yeah, I have a lot of spiritual views that I've come to over the last few years and it's very, very interesting when you think of mind, body, and spirit. And we've sort of been disarmed in all of those aspects.

We've been disarmed physically, disarmed intellectually, uh, with um, infiltration in our education systems. Also with the fluoride in the water, which is very much linked to lower IQ. Um, and that's also linked to spirituality as well, because it calcifies the pineal gland, which it does, which is linked to, um, our spiritual awareness, but also disarms spiritually, because we, I think we've been taken down a path of, um, of spirituality based on a lot of dogma out there.

Um, when it, It's not meant to be like that, um, but that's something that will evolve over time, I believe people will, will figure that out. Uh, yeah, but yeah, fingers crossed everything, everything changes. I think it will. I think we're hitting a tipping point with the vaccine in the vaccine arena anyway.

Um, there's a lot more questions out there. There's a lot more people, um, with an open vocabulary and willing to speak. When I first started speaking out. There was no conversations, there was nothing, uh, it, all it was, was, um, uh, put downs and, um, insults, and people were too afraid to bring up the topic, it's extremely taboo, uh, whereas now conversations are being had, so it has progressed a long way in the, um, in that seven or eight years that I've noticed, and hopefully it just, just keeps improving.

Perfect segue into a prayer. I think we are in the battle between good. Dear Lord, father in heaven. We just, we just thank you for truth and we thank you for courage and wisdom. And Lord, you've said in scripture that it would be better for he who harms the little children to be thrown in the river with a millstone around his neck, and that is happening all the time, Lord, and it seems to be happening at the behest of our government and bureaucracies.

Uh, father, we just need, we need truth to be brought to the fore so that We can all just stop dying needlessly. So Lord, please protect us. Please be with Raina and, and, and see that her book gets to where it needs to go, Father. We ask in Jesus name, Amen.

Thanks Raina. You're a breath of fresh air. Thanks so much for all your effort and your work. And what I just did was nothing to do with religion. It was just about relationship.

Oh, I respect and appreciate everyone's connection with God, however they do it.

Johnny Lardy, you've often been heard to say.

You just couldn't make this stuff up.

You couldn't, hey posh chair, what's going on?

You're

doing the studio.

Oh, I've already, I've already built one hoodie, I've got the microphone, look it's all, all happening, all happening.

Oh my goodness, well there you go Rainer, he's doing all this stuff, I'm not even aware of it until he turns the camera on and then I see he's He's outdoing me at every turn.

Okay. Yeah. You're both doing a fabulous job. Yeah. Thank you.

Thanks for joining us on Club Grubbery. Don't forget what you did yesterday got you to today.

Stay strong and stay out of the trees. God bless you all and bye for now.

Thank you. See ya.