

# 2024-04-10 Graham introduces a presentation by Dr Tim Jennings...

Publish April 10th, 2024 7:00 pm AEST

Hi everyone and welcome to Club Grubbery on my own tonight as Johnny is off with family doing family things this week and giving him a bit of a break. And I'm going to show you a presentation that was made in the USA very recently by Dr. Timothy Jennings as part of a COVID summit that was held over there in Illinois, I think it was with Dr.

Peter McCullough and many other top names. Uh, Dr. Tim Jennings presents an hour long presentation, which is actually absolutely enthralling and I've watched it several times and I know you will too. It is one of the best presentations I've seen on the whole COVID issue. But before we go into that, just some news that we all need to be a little bit aware of at the moment.

And the one most striking piece of news, of course, for me today was in the West Australian newspaper where the Federal Police Union. has put out a call for the police around Australia to set up a national guard, uh, made up of civilians, not police, civilians who are given authority to do what the police did during the pandemic, uh, to enforce mandates and lockdowns and all that draconian stuff because they want to be able to use the police to do their normal duties and have these people, um, fill the role of a militia, basically.

And of course, you're well within your odds to ask what could possibly go wrong. I mean, this is just madness. And they're already gearing up for pandemic after pandemic after pandemic. Isn't that amazing? How have we been? We've been lulled into believing that we're going to have like an annual pandemic.

Well, let's pray that doesn't happen, but um, it's time to open our eyes and see what's going on and, and keep our ear to the ground. Which leads me straight into this recording that I'm going to show you now, which I strongly recommend that you share. Dr. Tim talks about the methods we use for moral decision making.

How fear is, is a way of controlling us in a narrative that's been pushed, especially in the last few years. He discusses how that's done. done. He talks about the kinds of people who do it and how we respond to it and what effects it can have on our society in general. He talks about various truths that he's uncovered about the, about the pandemic and they're all basic truths, but when he puts them in the way that he does, you can see clearly how easily we've been deceived.

As you watch the interview, Or sorry, the presentation. As you watch the presentation, think about not only what's been done to us and who's doing it and why and how, but think about the way you perceive things. Because as I watched it several times, it became abundantly clear to me just how addicted to our own opinions that we are.

There are so many debates at the moment about various issues and if anyone Uh, disagrees with us, we tend to come down on them and that's not freedom, is it? That's not freedom of speech, not freedom of expression. We've got to be able to hear other people's opinions with an open mind and work it out based on proper principles to make sure that we process it in ways that are healthy for us.

And a lot of us aren't doing that. And I strongly urge you all to think about how you perceive information, who you trust, who you follow, And, uh, what that does to your mental health, what it does to your physical health. And Dr. Tim talks about that in, I think, one of the most profound ways I've seen. So I trust you into the presentation.

It's an absolute ripper. Watch it several times, share it with your friends, and I'll be back straight after the presentation to close it off with a prayer. Please enjoy Dr. Timothy Jennings. Dr. Timothy R. Jennings is a board certified psychiatrist, master psychopharmacologist, international speaker, distinguished life fellow of the American Psychiatric Association and fellow of the Southern Psychiatric Association.

Dr. Jennings obtained his medical degree in 1990 from the University of Tennessee, of the College of Medicine in Memphis, Tennessee. Completed psychiatric residency at Eisenhower Army Medical Center in Augusta, Georgia. And has served as the Division Psychiatrist for the 3rd Infantry Division. Dr. Jennings has served as president of the Southern and Tennessee Psychiatric Associations and is founder and president of Come and Reason Ministries.

Dr. Jennings has authored many books to include The God Shaped Brain, How Changing Your View of God Transforms Your Life, and The Aging Brain, Proven Steps to Prevent Dementia and Sharpen Your Mind. His lectures and written material can all be found on [www.comeanddream.com](http://www.comeanddream.com). Or [comeandreason.com](http://comeandreason.com) let us show now a warm Michigan.

Welcome to this Christian theologian psychiatrist from Tennessee. Dr. Tim Jennings. Good morning. It's really a privilege to be here and share with you all this morning. If at any time during my program, you receive a little bit of maybe anger in my tone,

give me grace. I'm not really angry. I'm sad. I'm broken hearted at what's happened to the land of liberty and what has happened to the noble practice of medicine in this country over the last two years. And as I go through this data, I think you might find yourself tempted to feel a little outrage at what has been happening to people's minds.

Our talk is entitled COVID and the manipulation of our, uh, of your mind, the objectives, differentiating healthy versus unhealthy decision making, recognize the difference between information and methods. And then we're going to identify a nine step process used to manipulate minds, undermine healthy decision making, and promote group conformity.

What has happened to get many people make decisions they would not have otherwise made had these methods not been used on the population. So healthy decision making requires a healthy mind, and a healthy mind is not inherited, it is developed. What's the difference between a healthy mind and an unhealthy mind?

A healthy mind is driven primarily by the motive of love or altruism, concern, regard for others as a primary motive of action, whereas an unhealthy mind is driven by fear and self centeredness, me first and how can I advantage myself at the expense of others. Epidemiologic studies show that people who orient themselves toward an altruistic approach to life, volunteering in their community, as, as they age, they age better.

Adults who volunteer after accounting for baseline variables, such as education, baseline health, smoking, the volunteers live longer, stay out of nursing homes longer, have less dementia, less depression, live independently longer than those who don't volunteer. Volunteerism or altruism are results and Calming of the brain's fear circuitry, which reduces activations of the inflammatory cascades, which result in better physical and mental health throughout life.

So a healthy mind starts with love altruism. It's also directed by reason, thinking things through, weighing the evidences and coming to conclusions. Where an unhealthy mind is directed by emotions. A healthy mind will prioritize facts over feelings. A healthy mind is aware of the emotions, aware of the feelings, but when it comes to the choice that is made, they will choose what is actually understood to be most reasonable and best in spite of how they feel.

Where the unhealthy mind may be aware of the facts. They might be able to say, oh, I know smoking is unhealthy, but they will still choose what feels best in that moment for them or what feeling is the strongest,

even though they know the facts go against it. A healthy mind will recognize its limits, a healthy mind recognizes we're finite beings.

No matter what our current understanding of the situation is, we are aware that there is information beyond our current understanding and we are open to be educated, to grow, to advance, to be instructed with new data and new information. Where an unhealthy mind has an inflated sense of self. My current perspective is the reality that others should conform to, and if you don't accept my current reality, then you should be silenced, and an information isn't really as important as what I currently believe.

In fact, um, views that challenge my view are views viewed as an assault against my name. Are you trying to make me look stupid? This is an unhealthy mind, an inflated sense of self. A healthy mind values objective truth, searching for what's actually real objectively. Unhealthy minds value power. Because they're driven by fear and selfishness.

They want to feel safe. How do they get to feel safe by empowering themselves over others? And so truth isn't really important. As long as the path or tack they take gives them more power, that'll make them feel safer. They don't value truth. A healthy mind respects others. Uh, meaning they, they allow others.

Uh, the idea that other people may stand at a different position, have a different perspective, have different priorities, have different values, see things in a different light, and therefore come to a different conclusion for what might be best in their life than what is best in your life. And you respect that.

Okay. You're free to do that in your life. Whereas a unhealthy mind devalues others, the deplorables, they don't know that they're not, they're not as intelligent. They should be controlled or governed by someone else who can make better decisions for them. Healthy minds think for themselves. General Patton famously said, if everybody's thinking the same thing, somebody's not thinking.

But even, even though we recognize everybody has the ability to think for themselves, and we want input from others, we retain the ultimate decision making governance of self with ourselves. The unhealthy mind will, if, if they have a sense of over inflated self, won't even allow for other opinions. But sometimes people have the Opposite, they have a deflated sense of self, but they're still very fear driven, and so they look for someone else to do the thinking for them.

They surrender their thinking to somebody they invest with authority, and they allow them to tell them what to do. That's an unhealthy mind. Understand, we are in a war for minds in this world right now. There is a healthy and an unhealthy approach to how we treat each other and how we invest in other people's minds.

The healthy approach is the philosophy called autonomy. And the philosophy called autonomy is we recognize every individual is created with their own unique identity and individuality, the capacity to think and to reason, and we want to help them develop the maximum Within the limitations of their own abilities and capacities, we want to support them in their own development.

That is at war with the philosophy of paternalism or autocracy. Paternalism is a benevolent approach, which means these people are motivated by paternalism. Concern and wanting to help like a parent wants to help their child, but they view others as not being as intelligent or not as capable and their motives are to help, but but they really don't want you to be empowered.

They want to make decisions for you just to protect you. That's paternal benevolent malevolent. Would be autocracy, uh, we are entitled, uh, you are not actually as worthwhile as we are. We have a privilege that, that supersedes yours and we, and you are there to serve us in our empowerment. That is autocracy.

Both diminish the population and ultimately, uh, want a surf functioning surf population to serve the elites. Understand through all human history, every human government in history ultimately function with a few ruling elites. Exploiting the masses for the benefit of the elites until the formation of the United States government and

the United States Constitution was specifically established to restrain the historic three powers that exploit the masses and the historic three powers that export the masses where the governments themselves, the religious aristocracies.

Of their cultures and the, um, the financial aristocracy is the land barons and shipping barons and railroad barons and so forth. And those elite groups have exploited the masses. The United States Constitution was designed to give power to the people and break up and restrain those powers from exploiting the masses.

Uh, exploiting us to allow us to have autonomy to grow in an atmosphere where we can develop through a meritocracy, our abilities to the greatest ability possible. This was the democracy and, uh, of the, of the United States versus the aristocracies of the old world. And you can look back, whether it's the emperors and empresses of Japan and China, or the Pharaohs of ancient Egypt or the nation states of Europe, all of them had elites that exploited the masses.

The United States was to give power to the people. Understand. That this idea of America was a unique idea, that we were to unite on common values of, of God given rights of life, liberty, pursuit of happiness, meaning a maritime, we, we grow and develop our abilities. This is at war with an unhealthy mindset that seeks to make pawns and serfs through indoctrination in a corrupt school system and to divide us by caste, by race, by sex, by gender, by that status.

It's this, this constant messaging to divide society is to prevent the people from uniting on common principles so that we can actually retain the power and restrain the elites. Understand the philosophical war that we are in. The healthy approach. Uh, approaches life with truth, altruistic love, concern for others, and respecting liberty, leaving people free to, to have a different view.

The unhealthy approach is constantly misinforming, lying, manipulating information, they're seeking power for themselves, and they want to control others. What's decision making decision making is the process of how one makes decision is not actually the decision itself or the choice It's the methodology that one uses if you have an unhealthy process you increase the frequency of unhealthy Choices if you have a healthy process you decrease the frequency of unhealthy choices But you can still make an unhealthy choice with a healthy process, but you learn from it and diminish the frequency So healthy decision making begins with a calm and honest mind.

That's what it begins with, a calm and honest mind. I'm going through this because when I go through the nine step process of how we've been manipulated, you will see it's designed to undermine this, this, uh, decision making process. A calm and healthy mind. It has a mature goal. Meaning, well, I'm going to make a decision that is moving towards objective reality truth, what's actually healthy for life and well being.

It understands the principles involved in whatever the problem is you're making a decision on. If you're making a decision on airplane wings, you better know something about the principles of aerodynamics. You have to have some knowledge of the principles involved in whatever landscape you're making a decision in.

You gather relevant data and you weigh its reliability. Who's the data? What's the source? How reliable? Uh, is this opinion? Is this actual reproducible fact? You, you gather data. You differentiate facts from fiction and facts from opinion. Opinion of experts are not facts. They're not science, they're not evidence, they're opinion of what somebody thinks of the facts and, and, and, and, and data weighs the risks versus the benefits.

Okay, I've got these options. What are the potential risks that I can foresee? What are the potential benefits? You weigh those out and then you make a choice. And after you make the choice, you evaluate the outcome. What happened when I made my choice? And you incorporate the data from the outcome to update your conclusions and make more informed decisions.

Thank you. And then you invite critique, you invite outside perspective, you invite other minds to examine what you're making a decision on. And you will include that perspective in critique and in your assessment of where you're at, improving your conclusions based on evidence and facts. And you respect others to be wrong.

All right. But you, in other words, you come to your conclusion and if they can't persuade you with evidence, with better reason, with a better explanation, you respect them to have their own opinion and you don't have to persuade them to see it your way. It's okay. You can see it differently than me. I'll still respect you.

And you leave them free. What impairs healthy decision making? Powerful emotions, especially fear. Now all emotions can impair healthy decision making. Uh, somebody highly infatuated in a romantic relationship might have their decision making impaired. But to move a population, the most predictable emotion to use to manipulate a population is fear.

Making people afraid can paralyze and impair decision making. In fact, uh, amygdala is, is your fear circuit. When it fires, you feel that sense of anxiety and, and, and, and fearfulness. And if it fires too strongly, it actually impairs prefrontal cortex, right behind your forehead, where you reason, think, problem solve.

And people will either freeze, fight, or flight. Is the, is the response when that happens, but critical reasoning is impaired with strong fear emotions. But also what impairs healthy decision making is dishonest attitudes or prejudices. If you come to the problem already with a bias, with an assumption, with a conclusion, with an angle that you want to prove to be the case, uh, and not actually interested in what the data shows, then you will be biased and you will diminish facts that could undermine your current perspective.

It's worse. If you've already gone on, um, on public record with your reputation staking out a position, then you're even more resistant to evidence that could, because now your reputation is on the line. So biases, prejudices, negative attitudes that you have a preconceived idea on makes it difficult to make a healthy decision.

This is one of the problems with much of the medical profession today. They have staked out certain positions publicly. They've made choices on those positions. And now when new evidence comes along, they are very resistant to that evidence because they don't want to first off in their own mind think that they did something wrong and they don't want their reputation hurt.

So they resist the evidence rather than growing in whatever the best data is. Unreliable information or propaganda. If you are making a decision based on information you believe to be reliable, but it's, it's actually propaganda instead, obviously that's going to undermine the quality of the decision.

Trusting the untrustworthy. This is a big one. Trusting. There are people who have demonstrated themselves. To be untrustworthy and there's different types of untrustworthiness. There's the malevolent person who is purposely misinforming to hurt and injure. That's a malevolent person. They're untrustworthy.

There are benevolent people who are misinformed and giving bad information. Uh, and or they can't seem to make up their mind. And, and, and you look at their record and they're constantly contradicting themselves and they're untrustworthy simply because they don't understand the problem they're trying to help you with, but, but they mean, well, okay.

Trusting the untrustworthy group pressure to the degree you're making a decision and you feel under pressure to conform that will compromise the quality of your decision. The more pressure, the more, the more you're, you're vulnerable to make an unhealthy choice. Censored information, which is a little bit different than propaganda.

Propaganda is information that is, is, is twisted in some way censored. You might be, what you've gotten is exactly accurate, but it's left out, uh, exculpatory, uh, other information that would have shown this in a context to be different than what it looks. Coercion. Anytime you're under threat of any kind, financial, uh, professional, uh, societal under threat that compromises your ability to make a free and informed choice.

And the ends justify the means methods. Once people begin adopting this, and this is a, and I want you to understand methods versus information. This is a big tell. How can you tell what's happening? Watch methods.

And justify the means methods will ultimately justify anything you want to do to achieve the ends you're looking for.

So many people that I've talked to are not scientists. They're not physicians. They don't know how to look at research paper. And you've got this expert coming out and that expert coming out. And he's got credentials and he's got credentials. How do you know who to believe? And I tell them, all you have to do is watch the methods.

If you can't, if the data is too confusing, step back and ask, what are the methods? Healthy methods. We present truth altruistically to help be beneficial in openness, inviting critique to show us a better way. And we leave people free. Make up your own mind. Those are healthy methods. Truth loses nothing by investigation and questioning.

Get your mind around that. Truth loses nothing. The more you investigate, and the more you question, the more the truth shines clear. However, if your position is based on misinformation, falsehood, you cannot tolerate questioning and investigation. Truth will expose the lies. And therefore, people who are advancing a position that is not actually based on evidence and truth, they will use methods of not just falsehood and lies, but coercion, control, secrecy, censoring.

Uh, vilifying de platforming and if a media call, they will not actually have open debate and let their position be scrutinized by somebody who holds the opposite. They won't do it. So if you look at the methods and what has happened over the last several years with COVID, it becomes very clear. One side of this equation has consistently used the methods of lies, coercion, control, and secrecy.

And the other side is consistently use the methods of truth, love, freedom, and openness. And so you can know where the truth lies just, just by the methods employed. So now let's look at a nine step process used to manipulate minds. I'm going to run through the nine steps, just list them, and then we're going to go back through and I'm going to show you evidence of how this was done.

The nine steps, create or identify some threat. The more nebulous, the better. Purposely misinformed lie. To exaggerate the danger in order to increase the sense of fear, present conflicting messaging to increase the uncertainty to undermine the individual's ability to decide what action to take. I don't know what to go left, go right, up, don't know.

Provide a voice of authority to direct towards safety. Safety is this way folks, present a sense of group acceptance and everyone agrees prescribed specific actions that may or may not have any benefit at all. Silence dissent.

Add new threats to increase fears, number eight, and then number nine, repeat steps two through eight over and over again.

Now let's walk through these. Create or identify some threat, the more nebulous the better. The goal of identifying the threat is to cause fear. The threat is to make you afraid. Fear impairs thinking. The more fearful you are, the less capable you are of reasoning. Nebulous threat, this is a threat you can't actually see, taste, smell, touch, identify.

There's nothing that God has given you in your senses that allow you to identify the source of the threat and therefore take an action to protect yourself. It's a nebulous, it's out there, it's everywhere, but you have no idea where. The more nebulous the better, which will make you more willing to look to an authority to tell you where the threat is.

Because you can't tell anyone, it's designed to surrender your thinking to somebody in authority. Does SARS CoV 2 leak from a lab, or is it a natural virus from a wet market? I have my, my conclusion on this, which is based, I believe, on very sound evidence, but get, get your mind around this. It actually doesn't matter, it serves the same purpose.

It really isn't a relevant point at this point. Once it's out there, it serves the purpose. And that is, it's a nebulous threat to cause fear. SARS CoV 2 is a tool. Its intention is fear. The goal is power and control.

Nine step process. First, identify some threat. The more nebulous, the better. Step two, purposely misinformed lie to exaggerate the danger in order to increase the sense of fear. And I'm going to go through a whole list of lies here and understand what I mean by a lie. I do not mean what when we first came out, this is what we understood.

But shortly thereafter, we got new data that we didn't have here. And with that new data, we've corrected our position. And that is not a lie. That's how medicine and science unfolds. I'm talking about, we have the data. We know it says this, but we're going to suppress that. And we're going to say this other thing and said, knowing that this is false.

Purposeful misinformation and lies from the beginning. There's a bunch of them. Some of the lies. The virus is virulent, killing up to 3.4 percent of the population. No, this was known to be a lie from the Wuhan outbreak in China. With the Wuhan outbreak in China, the virulence to the population at large was 0.

1 to 0.3%. No more virulent to the population at large than the seasonal flu. Where did the 3.4 percent number come from? It came from the sickest of the sick that got this and could not actually manage their symptoms at home and had to be admitted to the hospital. Of that group, 3.4 percent died. And they took that number from the beginning and they extrapolated and projected back out across the population at large to tell everyone that this is, this is 10 times more lethal than a flu to make you more afraid.

It was a lie. They knew it was a lie from the very beginning. The virus is highly life threatening to children. This was a lie known from the beginning. While a population at large. The population at large, the whole community, it's about the same virulence or life threatening as the seasonal flu, 0.3 percent, that's typical for a seasonal flu, uh, to the population at large.

To children, it's actually less virulent. Seasonal flu is more dangerous to children than SARS CoV 2. That's well documented science at this point. But they lied to make you think your children are at risk. Community mask wearing can stop the spread. This was a known lie that there's, you've already seen some of the data, but it was, it's no community mask wearing has ever stopped any viral transmissions.

It just doesn't work. And it's known, and it was known before SARS CoV 2. The studies done since SARS CoV 2. Epidemiologic studies have shown it. It doesn't actually stop spread. It was a lie. It's known to be a lie. It's still a lie, and they're still telling the lie. Six feet of separation is effective in stopping the spread.

This was not even, this is fantasy. This is just made up out of nothing. The experimental messenger RNA injections are vaccines that will prevent infection, provide herd immunity, and stop spread. This is a lie on multiple levels. The first lie is the label it gave it. Understand words have meaning. And in our society, the word vaccine has historically always meant something that provides sterilizing immunity.

When you got vaccinated against polio, you could be exposed to the polio virus and you wouldn't get polio. When you got vaccinated against measles, you could get exposed to measles. You got a vaccine to go to certain, uh, yellow fever in Africa, you could go into the community and exposed to it. You don't have to hide and run from it.

Okay, that's the purpose historically of vaccines, okay, whether you think they work or don't work. It's not the point. That's what they mean. This thing was understood from the beginning that it would not provide immunity. It would not prevent spread. It would not prevent reinfection from the beginning. At best, if we're going to be most gracious, we could label it a injectable therapeutic.

It was designed to reduce severity of illness. When you got exposed to it, that's what its purpose was. But they lied by calling it a vaccine and giving the miss misconception in most people's minds that if you got this, you'd be safe. You wouldn't get infected. In fact, the opposite is true. And do you remember them saying, if we get enough people, we'll have herd immunity.

That was a lie. They knew it was a lie from the beginning. The pandemic is a pandemic of the unvaccinated. This is another lie known from the beginning. In fact, Uh, the, when people receive this injection, their body at best will produce IgG and IgM antibodies to the spike protein so that when you get exposed to the virus and it begins to reproduce in your mucous membranes because you don't have any IgA antibodies in your mucous membranes and then it crosses into your blood brain, uh, crosses into your blood through the mucous barrier, your IgG and IgM will attack it if it works like it's supposed to and you don't get a sick.

Which means that that you are being infected. You're reproducing the virus in your mucous membranes. You're not getting symptomatic. So you're walking around the community spreading it. If you're unvaccinated. Recovered from it, you have IgG, IgM, and IgA on your mucous membranes, which means when you get exposed, you are the safest people in society, and you're not getting sick again, and you're not spreading it.

And if you've never had it yet and unvaccinated, then when you get the virus, you do like we've always done through human history. You go, Grandma, I feel sick. I've got a fever of 104, and I just don't feel good. I'm staying home until I feel better. Can I come visit you? Okay? And you self isolate because you don't want people to get sick.

We've always done this. Okay. The truth was this has been a pandemic of the vaccinated. They're the ones that have been spreading it because they still reproduce and get infected and it reproduces in their mucous membranes and they don't get as sick so they go out in public and they walk around spreading it to people.

The vaccines are safe.

Do you understand the lack of reasoning ability for anyone to believe this? This is a new technology rolled out in the population. It's never been used before. How can you know they're safe?

There's no data. At worst, at best, you could say. Well, we don't have any data they harm yet, because there's no data for that at the beginning either. We just don't know. But to claim it's safe is just fraud. It's a lie. And I think some others will probably talk of the data to show in fact that they are not safe.

The PCR test is accurate in diagnosing COVID infections. Know it best. The PCR test, if it's done properly, can tell you that there was genetic material in the swab that was put in the machine that corresponds to whatever they're testing. That's about best that they could do. We, we, we diagnose sickness like we've always diagnosed sickness.

Okay? There are symptoms of sickness that correspond with the known disease. That's how we diagnose sickness. The number of COVID deaths reported by the government is accurate. No, according to the CDC's own website, 96 percent of people who are listed as a COVID death have four other causes of death. If you want to get a more accurate number of people who actually died from COVID, then you reduce the number of the CDC's reporting by 96%, which puts it down to about 3 percent seasonal flow, like all the, like, like the Wuhan data stated from the beginning.

Lockdowns are effective at stopping the spread and reducing deaths. No, in fact, the government mandates and lockdowns have increased deaths. And we can't, incalculably, I'm going to show you the data. We will be calculating deaths from this if we could for generations to come. Cancer deaths are up because of 10 million missed cancer screenings and treatments.

So cancer deaths are up because of the mandates. Heart attacks and strokes are up for the same reason. Teen suicides deaths went up. Overdose deaths went up. Uh, social isolation worsens physical and mental health,



impairs your natural viral fighting immunity, and increases all causes of death. So mandating people stay at home, uh, undermined their well being, increased inflammatory cascades, resulted in worsening physical mental health, and increased, uh, death, in addition to making it harder for them to fight a virus if they got infected.

Increased domestic and child abuse. Understand when children are abused. In, in, in homes, whether it's neglect, violence, or severe poverty, uh, epigenetic changes happen in their genome, which resulted with, with them growing up with increased vulnerability to mental health problems, physical health problems like diabetes, obesity, uh, hypercholesterolemia, heart attacks, strokes, higher addiction rates, higher suicide rates, uh, and they end up dying, uh, usually a decade or more.

Younger than kids that come out of similar homes without abuse in the home and these epigenetic changes That that happened because of the abuse in the child's home passed down three and four generations. So those same damaging effects will happen to the children, the grandchildren, and the great grandchildren in these homes.

And it's well documented, I can't, the numbers are incalculable, how many children, but child abuse went way up during these mandates. And we are increasing deaths down the generations from it. Same happened because of poverty. So we're, it's documented over 100 million. People were driven into poverty because of the mandates and lockdown, and that causes epigenetic changes that will cast down three and four generations as well, increasing, um, deaths.

It's incalculable how many deaths we've caused from these lockdowns and mandates. Healthcare organizations can provide safer care if they, here's another one of the lies, safer care if they mandate their employees get COVID vaccine and fire those who do not. Uh, as I've already explained to you, the safest people to have in your healthcare spaces or any spaces are the unvaccinated COVID recovered.

IgG, IgM circulation, as well as IgA on the mucous membranes. There's several studies looking at healthcare workers who have recovered without vaccination and they don't reinfect and don't seem to transmit. Uh, but with the data on that, the, uh, the, the so called vaccinated are, uh, don't have the IGA on the membranes.

And so they're potentially having less symptoms walking around, spreading it to others. So this, this is a fraudulent on its face. The military is better able to carry out its mission by mandating COVID vaccines and discharging all who refuse. I was trained, uh, with my psychiatric residency at Eisenhower Medical Center.

I served as a division psychiatrist for the third infantry division. And there is a principle to retain the fighting force. That if you are sending combat troops into an environment where there's high likelihood of them being exposed to a biologic agent, there is a principle there to, and you have an experimental vaccine that could potentially, um, protect them from that, um, virulent agent, desert storm, anthrax, experimental vaccine, that there's a principle in that environment that the troops going into the combat environment that might be exposed to a highly virulent agent, you can mandate a vaccine on them to help protect them.

And that principle was used. To the entire global military population, and it doesn't fit. We were not in an active war theater. There was not an actually highly virulent agent that was being targeted to our soldiers like an anthrax agent. The COVID, uh, the SARS CoV 2 virus to the young population is less lethal than the, than the seasonal flu.

Uh, there is a fairly short course with quick recovery and good immunity afterwards, this is well proven. And so all the arguments made that this was necessary. to strengthen the military fraudulent. They don't apply here. We weren't in an active war combat zone. Additionally, those who refused to get it, pilots, special operators, were put out of the military.

That does not make our military stronger. It makes our military weaker. Children have better health by mask mandates, school closures, and COVID vaccines. I'm not even have to go in the data for this. You know, this is provably false. In fact, children have been harmed incalculably by what we have done to them through these closures and mandates following CDC recommendations is following the science.

That is a lie CDC recommendations are opinion their opinion their opinion at best. They are not science CDC protocols to treat covid reduced deaths. No, in fact, here's some of the CDC recommendations and their recommendations are the reason we saw as many deaths as we did. CDC recommends to send a COVID patient home without any treatment until they're too sick to be maintained at home and then admit them.

Understand that we don't do that in any other, um, illness ever. Right now in America, if a man gets diagnosed early on with prostate cancer, and you treat him early on, more than 99 percent of all prostate cancers are cured if you treat them early. If you send them home and say, going home, no treatment, when you get so sick from this that you can't maintain it home anymore, come back, 70 percent of them die.

That's a CDC recommendation for this, folks. Don't do anything until you're so sick you have to be hospitalized. Uh, and then, uh, and then we'll treat you and then what do we treat you with? We treat you with a failed antiviral drug called remdesivir that failed its Ebola studies because in this four wing study, one wing was, was remdesivir, they had more deaths than placebo and it had, and that study had to be stopped, but that's what we put them on.

FDA approval determines safety and usefulness of medications. No, FDA approval. Uh, allows for something to be legally marketed in this country for an indicated condition and that and how they got to to be indicated to market in the country is they cherry select a population of people that don't represent the population harm at large that are likely to have the minimal risk of harm.

and side effects and might benefit from what you're trying to treat them with. And once you get that cherry picked population in two studies to show benefit over the placebo, then you can bring it to market and market to the population as a whole. And the population as a whole may actually have a whole host of problems that were never shown in the cherry picked population that got studied.

And this is why many times drugs brought to market Are withdrawn because they're not actually safe. All the FDA approval does is let you know that they, they met a minimum criteria and cherry selected cherry pick populations that they can beat placebo on this particular symptom without causing measurable harm, significantly measurable harm.

That's all. Ivermectin is ineffective and unsafe in treating COVID and hydroxychloroquine is ineffective and unsafe in treating. These are, again, some of the CDC positions and FDA positions, and both are fraudulent. There's multiple studies that show that, that, that, that. Both of these medicines are the safest medicines ever to be released in the population at large, and many countries of the world allow these two medicines to be, uh, purchased over the counter without a prescription.

And the multiple studies show that if you use these medications in conjunction with other protocols, you can reduce hospitalizations and deaths up to 85%. So again, lies on top of lies. CDC, we just said that they do not recommend these to be used. And the last line I'm going to go is the most difficult to see and identify.

And that is physician and healthcare worker testimony of ICU patients that they have seen dying of COVID. And they give this passionate testimony of their own personal experience of the deaths they've seen of COVID as evidence, as an accurate barometer of the lethality of COVID in the population. The reason this is hard is because they have seen horrible cases of people dying in the hospital of Covid and those, and so their personal experience is tragic and real.

Why is it a lie then? Because they're seeing people dying of the CDC protocols. They're not,

and I've had several people who work in hospitals give me their testament and I say, I'm sorry you saw that. I'm imagine, I know. It had to be terrible. Uh, did you in any way go around and ask how many people you saw dying in the, in the ICU? that got early treatment protocol, this one or that one before they came to the hospital.

Did you inquire how many? No. So you're, you're, you're assuming that this is the COVID that's doing this when there's actually very good data that you would reduce the number of the patients you're seeing in the hospital by 85 percent if you did the early treatment protocols. And so that's a more difficult one to help disentangle.

But, but if you ask that clarifying question, then hopefully you can retarget their anger away from the COVID to the faulty protocols that are resulting in so many people having bad outcomes. SARS CoV 2 is a tool. The intention is fear. The goal is power and control. Step one, create and identify some threat.

The more nebulous, the better. Step two, purposely misinform. Exaggerate the danger in order to increase the sense of fear. Step three, present conflicting messaging of uncertainty in order to undermine the ability of people to know what action to take because the uncertainty will couple fear with helplessness.

I'm afraid and I'm now helpless. I don't know what to do. Some of the conflicting messaging, just some of it. You don't need a mask. Well, you better wear a mask. Indoors only. Indoor and outdoor. Not for children. Yes, for children. Single mask is fine. No, double mask is necessary. Cloth mask is okay. No, not N95 mask is necessary.

Masks until vaccinated. Get that first jab. No, now you need it even if you've only had one jab. You'll still need it until you get the second jab. Mask if you're triple vaccinated now. Uh, mask on airlines unless you're eating and drinking because you've got food in your hand and going to your mouth and the virus stays away until you're done eating.

Two week lockdown. Lockdown until vaccinated. Lockdown until boosted. Lockdown until herd immunity. Uh, vaccines prevent infection. Vaccines don't prevent infection. Vaccines prevent spread. Vaccines don't prevent spread. SARS CoV 2 is a tool. The intention is fear. The goal is power and control. The conflicting messaging is a means.

To compound fear with helplessness to increase willingness to comply with voices of authority and step four, provide a voice of authority to direct toward safety. And this has been our voice of authority.

Where does true authority come though? From where does true authority come? Credentials, office, fame, enforcing power? No. True authority on any subject matter comes from the truth. The truth on any subject matter is authoritative. For that issue to the degree. It's truthful. It's got authority who speaks with greater authority in treating covid

Peter McCullough or Anthony. If I think the evidence speaks for itself and then step five present a sense of group acceptance sense of group acceptance. See group acceptance. We are psychologically wired to under fear when we get more fearful. We're more willing to follow the herd to follow the group.

You see out there on your own under threat. You're vulnerable, there's strength in numbers, and so when the fear goes up, you're more willing to go along with the group so you won't be left out on your own. It's more frightening to be standing alone under the sense of threat. But in our society today, we actually do not have to get the majority or the group to agree.

We only have to give the illusion that the group agrees through media control. And every major mainstream news and media outlet advanced the same narrative of misinformation, every single one of them. Including medical news outlets. This is Psychiatric Times, July 2, 2021. An article, Anti Vaxxers and Water Witches.

Mistrust of science and the limits of reason and in the article it states the following the common threat is of course a deep seated denial of science and a mistrust of scientific experts a word that is nowadays pronounced with a kind of dismissive hiss indeed experts in epidemiology and infectious disease such as Anthony Fauci MD are not merely doubted by a substantial portion of the public they are threatened with bodily harm for advocating vaccination against COVID 19.

It is easy to explain away such science denial as the result of mistaken misinformation and biased reasoning. Notice here is the science so called targeting mental health professionals, suggesting that Dr. Anthony Fauci's expert opinion is the same as science. And if you don't believe Anthony Fauci's word, then you're a science denier.

This is propaganda. It is misinformation. We are told to follow the science. Expert opinion is not science. CDC recommendations are not science. FDA approvals are not science. Science is knowledge gained through experimentation, observation, measurement, and investigation. That's what science is. Science invites investigation and critique and is open to review.

If it's not, it's not science, it's propaganda. Step one, create or identify some threat. The more nebulous, the better. Step two, Purposely misinformed lie to exaggerate the fear. Step three, present conflicting messaging to couple the fear with helplessness. Step four, give a voice of authority to direct her so called safety.

Step five, give a sense of group acceptance. Step six, prescribe specific actions that may or may not reduce the threat. Mask wearing. Mask wearing did not reduce the risk you of infection. It did reinforce the sense of danger, increasing fear. This is one of its primary reasons for mandating it. It wanted the those who mandated it wanted to remind you that every time you put it on and every time you see somebody wearing it, there's a nebulous threat that you can't see and you don't want, you better be afraid.

Simultaneously, it is designed to make you feel less fearful or less helpless by an action you can take that actually has no benefit at all. You're afraid of something. I can do this. I'll feel safer. I'm not helpless anymore. I got something I can do. I can wear a mask and I also can make sure you're wearing a mask because I can't be safe with my mask unless you're wearing yours.

And it conditioned people to suspend reason and follow voices of authority. That's what the mask wearing is all about. It's a manipulation of your mind. What COVID mandates did not Reduce the spread. They did not improve national health. They did not reduce deaths. They did not reduce the burdens on the healthcare system.

They did not benefit children. They did not follow long established principles of medical practice and ethics. COVID mandates did divide families and communities. Inflict injury and harm upon people.

Weaken small businesses. Transfer wealth from middle and low income families to corporations and elites. Weaken the U. S. military. Weaken the U. S. dollar. This is what they did. Then why did if they didn't help, they didn't benefit from all the things they said, they caused all this harm, why did so many comply?

Why? Because they were afraid. Because the threat was nebulous. Because they believed the lies. Because the conflicting messaging instilled a sense of helplessness. Because voices of medical authority said so, because media control gave a false view that everyone else thinks it's right and agrees. And because people want to feel both safe and empowered to have their helplessness taken away.

Create a nine step process. Uh, create and identify some threat. The more nebulous the better. Purposely misinform lie to exaggerate the danger and increase the fear. Couple the, uh, threat with, uh, conflicting messaging to make people feel helpless as well as afraid. Give a voice of authority to direct toward safety, present a sense of group acceptance, prescribe a specific action that may or may not reduce the threat, silence dissent.

Silence dissent through censor and censure. Censor the information and censure the people who are speaking out. Deplatform. Take away people's ability to communicate. Vilify them as, uh, as wanting to kill people. They want to kill people!

They don't love people. If you love people, you'd get your job. Refuse to publish their research. Label as a conspiracy nut. Remove from positions and terminate from employment. And then, add new threats. To make

the fear go up. More fear. More to be afraid of. Not just the, we have more to fear. This is a WebMD, an article which targets the general population, WebMD.

This was, uh, August of 2021. As COVID resurges, vaccinated Americans rage against holdouts. The next day, it was published in MD Edge, Infectious Disease, Going to Physicians. Same article. And in the article, What it said experts say the 90 million unvaccinated Americans are most at risk from COVID and may help may have helped the new Delta variant gain a foothold and spread, posing a risk of breakthrough cases, even in vaccinated people.

This is fraudulent propaganda on its face. They knew it was a lie, they wrote it as a lie, and it is not, the safest people are the unvaccinated and recovered. This is, this is fraudulent. The article goes on to say, In the interest of public safety, I believe the government and private business need to make life difficult for the unvaccinated.

They should not be allowed to dine at restaurants, ride public transportations, attend concerts, or broadly be in spaces with large concentrations of people without passing a COVID test at the door. Let's add new threats, the new threats, restrict your freedom. You can't travel, you can't worship, you can't go to school, you'll lose your scholarship, you can't visit your family in the hospital or hospice care if you don't get this jab or prove your, your status in some way.

You might get arrested if you don't, in your business, uh, uh, A complier, if you don't shut down your church, you might get arrested, you might get fined. You might have your business closed. You might have your licenses revoked. You might have termination from employment. You might have your research grants rescinded your organization, institution, uh, federal federal reimbursements for the healthcare you're providing might be withheld if you don't mandate your employees get this.

Add more threats to increase the fear. Create and identify some threat. The more nebulous, the better. Purposely misinform, lie to increase the sense of fear. Merge the fear with a sense of helplessness through conflicting messaging. Provide a voice of authority to direct towards safety. Present a sense of group acceptance.

Prescribe specific actions that may or may not benefit. Silence dissent. Add new threats. And then repeat steps two through eight over and over again. Have you seen them being repeated?

How many people would have complied with the mandates if we were told from the beginning the following? SARS CoV 2 is no more dangerous than the seasonal flu. Yes, 3 percent of the population, as happens with the flu, are going to die. It's not completely harmless, but it's no more dangerous than the seasonal flu.

The vaccines that these messenger RNA things we call vaccines, they're actually experimental. There's no long term safety data, so we can't tell you whether there'll be complications from this. These so called vaccines, they won't prevent infection, they won't prevent spread, and they won't give herd immunity.

Masks provide no benefit in preventing infection, and early home treatments are safe and effective in the majority of cases, reducing hospitalizations death up to 85 percent in some studies. If we were told this from the beginning, how many would have complied with the mandates? That's why they lied.

SARS CoV 2 is a tool. The intention is fear. The goal is power and control. Nine steps to protect your mind. We'll close with this. When afraid seek God. Brain studies show that those who meditate on a God of love, as little as 12 minutes a day for 30 days, we can see growth in the anterior sciatic cortex of the brain.

That's where you experience altruism, compassion, love, and when that circuit is active, it sends a calming circuit to the amygdala, and you become less fearful. Neurobiological changes, meditating on the God of love and healthy decision making comes from a position of calm and altruism, not a position of fear and survival drives.

So if you want to make healthy decisions when you're afraid, spend some time meditating on the God of love and calm yourself. First step, calm yourself. Step two, commit yourself to godly principles that you're going to move forward in truth, seeking the truth in an altruistic loving way and leaving other people free.

You're going to practice principles of God. Uh, three, think for yourself. You want to hear perspectives of others. At the end of the day, you have agency. You have your own individuality, your own capacity for reasoning and thinking, and you will ultimately decide for yourself what you understand is best and not let somebody else tell you what to do.

You will prioritize facts over feelings. Yes, you have certain feelings. Those feelings are uncomfortable, but you're going to calm yourself. And you're going to assess the objective facts in light of the evidences and come to a conclusion that's healthy even if it doesn't feel good. Prioritize evidence over opinion.

You're going to look past the opinion of, of experts and seek the, uh, data to the degree you can understand it yourself and come to your own conclusion. You're going to be careful who you trust. Be careful who you trust. You're going to watch the methods. If the data is too confusing, you can't fit. You're going to look at the methods.

It's a truth, love, liberty, openness. Is it coercion, manipulation, control, censor, vilifying other people? You're going to watch the methods. If the methods are not the methods of genuine openness and liberty and respecting the freedoms of others, you should have red flags up everywhere. There's something wrong over there.

You're going to resist group pressure. You're going to tolerate disagreement. You're going to allow others to, to think you're stupid, even your own family members. If they can't persuade you with good evidence. That's okay. They're free to be wrong and you can love them anyway. And step nine, ask questions, voice your disagreement, uh, in under the pressure of group conformity, a single person raising a question and disagreeing allows many others who also had questions but were fearful to voice them to identify with that single voice and also break away from the group.

You will be a bastion that other people can identify with and not give into the group conformity because they have questions too. They just can't quite figure it out. So voice your disagreement, healthy decision making requires a healthy mind. A healthy mind is not inherited. It is developed. Thank you.

Well, I hope you were as keen on watching that as, as I was, it was amazing. I am still processing a lot of that information and I'm really looking forward to joining up with Tim Jennings. When he comes to Australia, we're planning, uh, small speaking tour out here, a couple of venues in, uh, one in Brisbane and one in Sydney.

And I will be joining him on that as, and we're planning that at the moment. So he is a wonderful speaker and he's a rational and practical thinker. So I think you've gleaned a lot from that and I hope you've processed some of those things in accordance with the way that you do and perceive and process things.

So I think it was amazing. Let's close with a prayer. Dear Lord, Father in heaven, we just thank you that you're able to bring us information that we can put together in order to achieve a better outcome for ourselves to make better decisions, to choose better ways of thinking and to choose better ways of processing.

And father, we just thank you that you're ever present in our lives and that you are still in control. And we ask that you would bless us all in Jesus name. Amen. You're incredible people. You really are. I've learned a lot about the Australian people in the last few years, but what I've learned most of all is their resilience.

and the downright gutsy way that they approach things. It's been a real pleasure walking with you on this journey and we've got a long way to go still, but we're going to do it together. Don't forget love and compassion wins the day always and perfect love casts out all fear. You have every right to be angry.

You have every right to be skeptical. Don't judge yourself. Take it easy on yourself and take it easy on each other. If you love somebody and you haven't told them, please call them and get in touch. Tell them that you love them because you may just save their life. And don't forget what you did yesterday got you to today.

And today where I am, it's a beautiful day. It's a crystal clear sky. It's moderate temperatures. The grass is green. It's a beautiful way to live. I'm fortunate I live in a peaceful area. Some of you don't. But try and find some way of Enhancing your day from each day to the next because as I said, we still live in an amazing country despite everything that's going on.

God bless you all. Stay out of the trees and Johnny and I'll be back hopefully at the end of the week with some more club grabbery for you. If not a very full week next week. God bless you all and bye for now. Thanks for watching.